

The Early Years Count Literacy Connection



My No, No, No Day

Written and illustrated by
Rebecca Patterson

Infant/Toddler edition

Overview of Book

Bella begins her no, no, no day as soon as she wakes up. Nothing goes right or feels right all day—not at breakfast, or getting dressed, or out shopping, or during lunch, or playing with friends, or ballet class, or walking home, or supper, or bath time, or even bedtime. Will she ever feel cheerful again?

Genre: Picture book

Vocabulary

Books are a rich source of words new to children. Here are some words from *My No, No, No Day* to introduce in your room:

shouted	terrible
wriggling	poke
ballet	itchy

Each time you read the book, highlight 2 or 3 words.

Use age-appropriate definitions and/or refer to the illustrations to help children understand each word's meaning.

Use the new words throughout the day, reminding children, "That's a word from our story!"

Connecting with HighScope Curriculum

COR Advantage 1.5

Approaches to
Learning
Item C
(Reflection)

Social and Emotional
Development
Item D
(Emotions)

Language, Literacy
and Communication
Item M
(Listening and
comprehension)
Item P
(Reading)

Reading Tips

Show the children the cover and ask, "Is Bella ready to go outside?" Let the children know how you know when to read loudly by showing them the bold, upper case words throughout. Ask the children to pay attention to Bob. Ask, "How is Bob feeling?" or, "Why doesn't Bob get angry, too?" After the book, ask the children if they've ever had a day like Bella was having and what they may have done about it.

Three readings are recommended to familiarize children with the story. During each reading the adult can introduce new vocabulary words, pose open-ended questions, and engage children in activities that make the story "come alive."

Throughout the Routine

Refer to the book throughout the day and use new vocabulary words in meaningful ways. Active engagement with the story helps the content come alive.

Share with the children that a “no, no, no day” and a “cheerful” day are opposites. Use pictures and objects for children to sort out opposites at **Small Group Time**.

Use or create a feelings/mood chart with the children to use at **Arrival** or **Greeting Time**.

Roll around on the floor like Bella for **Transitions**.

Around the Room

Highlight the book's content and build on the children's excitement in a variety of locations.

Add other feeling books to the **Book Area**, such as *The Pout-pout Fish*, *My Many Colored Days*, *The Pigeon Has Feelings, Too* and *Llama Llama Mad at Mama*.

Collect ballet dress-up props and post pictures of ballet poses in the **House Area** for the children to try out.

Put out a variety of beads and other objects in the **Toy Area** to string and make jewelry.

Open-ended Questions

Enhance active engagement and early critical thinking skills by asking open-ended questions. These “wondering aloud” questions support children's developing focus and attention as they encourage young children's capacity to make connections and see possibilities.

Here are some questions you might ask for *My No, No, No Day*:

What helps you when you have a no, no, no day?

How do you think Bella's friend Sasha is feeling?

Does Bella like having a no, no, no day? How do you know?

For more information on how to use books and stories with children to enhance your curriculum, contact
The Family Connection:

website—
www.famconn.org

Facebook—
[@famconnsjc](https://www.facebook.com/famconnsjc)

phone—
574-237-9740

@ Home

Since many children in our county will have this book at home, use it to further the home-school connection. In your daily contact—in person or by text, email or other notes home—encourage families to share *My No, No, No Day* with their children. Here's a sample message you can send:

Reading *My No, No, No Day* with your child is a great way to talk about how everyone has bad days. While reading together, ask your child to talk about Bella's day. “Will anything help her to feel better?” Notice together how Bella's mom keeps moving forward with the day. She takes Bella shopping, to her dance lesson and even tries to have a play-date. By nighttime, Bella finally is able to tell her mom what she's known all day. Bella's mom gives Bella the message that she is loved and her family will be with her in good times and bad times. What a wonderful, positive thing for a child to know.