

# The Early Years Count **Literacy** Connection



## **My feet go**

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*Infant/Toddler edition*

### **Overview of Book**

This board book, although focused on feet, is really about all the ways that our bodies can move and explore the world. The rhyming text and warm illustrations will invite children and adults to notice all of the many ways feet can help us explore, dance, move, and have fun together. The illustrations present an inclusive view of the many different shapes, sizes, colors and types of feet!

Genre: Board book

### **Vocabulary**

Books are a rich source of words new to children. Here are some words from *My feet go*  
Sole, heel, toe  
Tiptoe, creep, pounce  
Wiggle, bounce, drop

Each time you read the book, highlight 2 or 3 words. Use age-appropriate definitions and/or refer to the illustrations to help children understand each word's meaning.

Use the new words throughout the day, reminding children, "That's a word from our story!"

### **Connecting with HighScope Curriculum**

#### **COR Advantage**

Science and  
Technology  
Item BB

*(Observing and  
classifying)*

Language, Literacy,  
Communication  
Item N  
*(Phonological Awareness)*

Physical Development  
and Health  
Item I  
*(Gross motor skills)*

### **Reading Tips**

Each page in this board book introduces children to other children moving in many different ways. The words on the page invite children to move so you might want to be ready to move as you read! The text is simple, but the illustrations evoke a richer story and the rhymes are lots of fun. Children will likely see images of others they might recognize along with others who might be less familiar but no less ready to get to know. This book is one of a series entitled, *Body Power*, and that series title captures the possibilities expressed in this book.

Three readings are recommended to familiarize children with the story. During each reading the adult can introduce new vocabulary words, pose open-ended questions, and engage children in activities that make the story "come alive."

### **Throughout the Routine**

Refer to the book throughout the day and use new vocabulary words in meaningful ways. Active engagement with the story helps the content come alive.

At a Group Time with materials, you might invite children to explore colors that represent different skin tones. Invite children to choose the colors that look like their feet. Or collect animals and people figures and invite children to 'count' the number of feet they find. At Music and Movement group time invite the children to move in all the many ways pictured in the story.

At a transition invite children to 'tiptoe' or 'bounce' or 'wiggle' to the next part of the routine.

### **Around the Room**

Highlight the book's content and build on the children's excitement in a variety of locations.

Collect different kinds of shoes and have fun wondering about whose feet might fit into these shoes and where they might go!

Add photos of children and families from around the world and all the different ways people move.

One illustration is of a child learning to walk with a prosthetic leg. Ensure that materials and books in your classroom include a variety of abilities.

### **Active Engagement**

Reading with infants and toddlers is all about relationship, connection, and words.

The photographs on each page invite exploration and story telling. What stories do the children connect with on each page?

Be ready to move along with the characters on each page. There are so many ways to move! The illustrations and text also offer a reminder to keep trying, keep practicing.

Enjoy and emphasize the rhymes on each page. Point out to children that 'these words rhyme! They sound the same at the end.' Children will look forward to adding their own rhymes.

*For more information on how to use books and stories with children to enhance your curriculum, contact*  
**The Family Connection:**

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[www.famconn.org](http://www.famconn.org)

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### **@ Home**

Since many children in our county will have this book at home, use it to further the home-school connection. In your daily contact—in person or by text, email or other notes home—encourage families to share *Play with me* with their children. Here's a sample message you can send:

Young children love to move and toddlers are practicing all the many ways there are to do so! They are also learning the names of body parts and feet and toes are often particular favorites. Have fun with the rhyming text and with the lovely illustrations that reflect people from around the world. Take your time with each page, enjoying the stories that are told, and highlighting the many ways to move!