

Coaching Evaluation Form
The Family Connection of St. Joseph County, Inc.

Coach _____ Date _____

Please take a few minutes to rate your coaching sessions using the following scale:

4 = strongly agree 3 = agree 2 = somewhat agree 1 = don't really agree

- _____ My coach was well prepared for each session.
- _____ My coach was knowledgeable about my chosen objective.
- _____ The length, format, and pace of the sessions were right for me.
- _____ My coach was able to answer my questions and/or help me find resources
- _____ My coach effectively communicated with me.
- _____ My coach met my learning style/needs.
- _____ My coach was motivating and encouraging.

As a result of this coaching, I plan to....

One thing that might make coaching sessions more effective would be...

Overall, my coach

- Did not meet my expectations Met my expectations Exceeded my expectations

Please feel free to add other comments on the back.