

Physical Development and Health KDIs
Follow up reflection questions

1. Here is why I know KDIs are 'key' to my teaching:

2. Here is one example of how I know children are gaining physical development and health knowledge through play and interactions with materials and other people:

3. Here is how I will remember to include all of the ingredients of active learning in my planning for all KDIs, including physical development and health:

4. Here is how I will provide space and materials for children to explore and practice gross motor and fine motor skills inside and outside the classroom:

5. Here is one way I will describe behavior related to physical development and health:

6. Here is how I will provide children opportunities for practicing personal care routines:

7. Here is one activity that will help the children explore personal space and shared space:

8. Here is how I will model and guide healthy behaviors for myself and the children: