

## **Guidelines for Organizing Daily Schedules and Routines**

### **1. Create an overall daily schedule that is predictable yet flexible.**

- \* Organize the day around regular daily events and caregiving routines.
- \* Follow the overall daily schedule consistently.
- \* Accommodate children's natural rhythms and temperaments.
- \* Provide a smooth flow from one interesting experience to the next.

### **2. Incorporate active learning, including adult support, into each event and caregiving routine.**

- \* Be patient with children's intense interest in things around them-understand *their* sense of time.
- \* Value children's need for sensory exploration in each event and routine.
- \* Share control of the day with children by giving them appropriate and limited choices during transitions and routines; offer open-ended play and exploration.
- \* Be alert and responsive to children's communications and talk throughout the day.
- \* Work as a team to provide ongoing support to each child throughout the day.
- \* Look at and understand children's actions and communications through a developmental lens.