

# PRESCHOOL

## 2023-24 TRAINING SERIES



## Building Belonging

Session 1: Thursday Sept. 21, 2023 12:30-2:00 p.m.

Topic: Understanding and supporting children's play and interaction skills

Session 2: Thursday Nov. 9, 2023 12:30-2:00 p.m.

Topic: Strengthening self-regulation and impulse control skills

Session 3: Thursday Feb. 9, 2024 12:30-2:00 p.m.

Topic: Predictable routines, yes environments and conflict resolution



The antidote to loneliness is belonging. This series of workshops will be a mini course designed to support the social and emotional needs for connection of both children and teachers. Learning how to help children return to calm enables adults to meet the child's need for belonging and friendships, even in the midst of emotional turmoil.

When teachers understand typical development, they can hold expectations that promote relationships and build skills. When they know what to expect, they can respond proactively and compassionately, successfully navigating intense emotional outbursts. Our professional development methods actively engage teachers in learning and enable them to implement new strategies in their classrooms. The design of the mini course fosters interactions among participants and creates a sense of belonging during the training.

The series is designed around engaging, active learning workshops, followed by individualized in-classroom observations. Teachers will be observed as they complete a specially designed activity with their children. They will receive all the materials they need to complete the activity and will be given strengths-based feedback.

**Lunch will be served.**